

Below is a suggested daily routine. Following this schedule is not required. **However, all assignments must be completed.** We realize that this is new to all of us and having a routine for our new “normal” is something many may appreciate. Teachers will be available from 8:00-3:00 via email. They will also set up video chats with “office hours” to talk face to face.

Time	Activity		
8:00-9:00	Monday-Friday <ul style="list-style-type: none"> • Complete attendance form daily! • Morning routine (Wake up, make bed :), get dressed/brush teeth, eat breakfast) 		
9:00-11:00	<p style="text-align: center;">Monday/Wednesday</p> <p><u>Math and Science</u></p> <ul style="list-style-type: none"> • Check on Schoology Updates <ul style="list-style-type: none"> ◦ Complete assignments that have been posted • Complete all assignments <p>Email teachers with questions. Staff Directory here.</p>	<p style="text-align: center;">Tuesday/Thursday</p> <p><u>English and Social Studies</u></p> <ul style="list-style-type: none"> • Check on Schoology Updates <ul style="list-style-type: none"> ◦ Complete assignments that have been posted • Complete all assignments <p>Email teachers with questions. Staff Directory here.</p>	<p style="text-align: center;">Friday</p> <p>Catch up time</p> <ul style="list-style-type: none"> • Attendance done • Do you have all assignments from this week completed? and turned in? • Quiet time (no technology): read, draw, write, create, card/board games • Complete SEL activities from the counselors
11:00-12:30	Lunch/Free Time <ul style="list-style-type: none"> • Free Time Ideas <ul style="list-style-type: none"> ◦ Get some physical activity. Go outside and get fresh air. ◦ Spend time with family ◦ Call a friend and talk on the phone ◦ Read a book for pleasure 		
12:30-1:00	Chill Time <ul style="list-style-type: none"> • Relax • Make a TIK TOK 		
1:00-3:00	<p style="text-align: center;">Monday/Wednesday</p> <p><u>FACS/Business/PE/Health/Freshman Acad./IT</u></p> <ul style="list-style-type: none"> • Check on Schoology Updates <ul style="list-style-type: none"> ◦ Complete assignments that have been posted • Complete all assignments <p>Email teachers with questions. Staff Directory here.</p>	<p style="text-align: center;">Tuesday/Thursday</p> <p><u>Music/Spanish/Computers/Art/Creative Problem</u></p> <ul style="list-style-type: none"> • Check on Schoology Updates <ul style="list-style-type: none"> ◦ Complete assignments that have been posted • Complete all assignments <p>Email teachers with questions. Staff Directory here.</p>	<p style="text-align: center;">Friday</p> <p>Catch up time</p> <ul style="list-style-type: none"> • Do you have all assignments from this week completed? and turned in? • Complete SEL activities from the counselors <p>Enjoy your weekend when all work is turned in :)</p>